



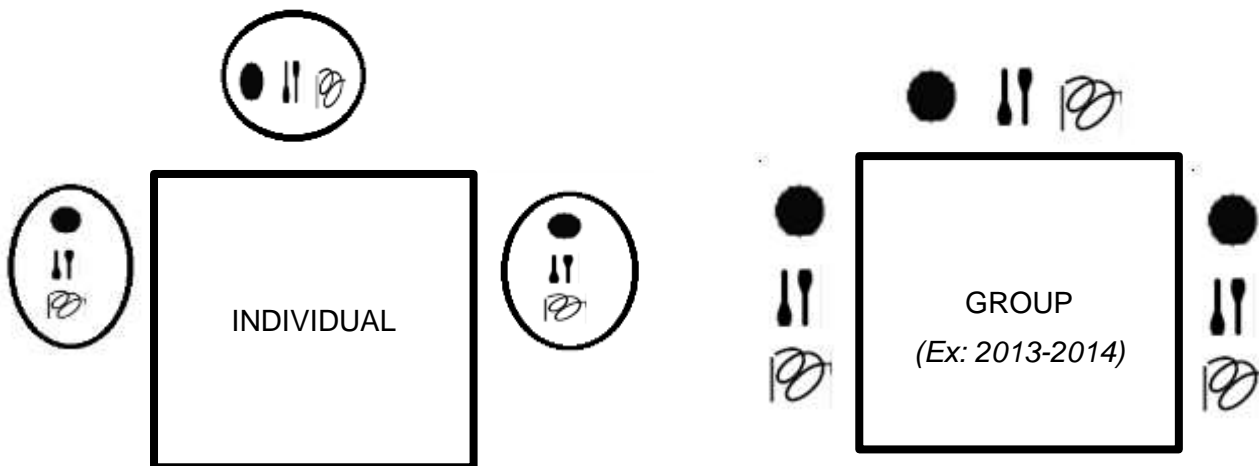
Lausanne, SUI

GENERALITIES

1.5.3: *Only one exercise can be used with music with voice and words for Group and one exercise for Individual in respect to ethics. The coach must highlight which exercise is used with music with voice and words and write it on D form.

If not, there will be penalty 0.50 "For music not conforming to regulations" (Penalties taken by the Coordinator Judge – Annex, page 38).

4.2.1: Replacement apparatus around the floor area is authorized (according to the apparatus program for Individual and Group each year)



- A gymnast may use the maximum number of replacement apparatus placed around the floor area with all applicable penalties (ex: three hoops are placed by the Organizing Committee according to the picture above: the gymnast may use all three if needed in one exercise)

INDIVIDUAL

1.1.10 Repetition of the same body rotation element is not allowed

1.3. Fundamental and Other Apparatus Technical Groups


- Writing the official form:
 - Each apparatus element (Fundamental and Other) written for Body Difficulty
 - Only Fundamental apparatus elements written for Dance Steps Combinations
 - Fundamental apparatus elements used as connecting elements or not performed on Body Difficulty, Dance Steps Combination, or Mastery, are not declared



THE RHYTHMIC GYMNASTICS HELP DESK March 2013

➤ Evaluation of 50%

- *The judge counts how many Fundamental apparatus elements are declared in relation to the total number of apparatus elements (those used on Body Difficulties, Dance Steps Combinations, Mastery and DER)*
- *DER are counted as throw – “Other Apparatus Technical Groups”*
- *During the evaluation, the judge cancels those Fundamental elements not performed according to their definition in Table 1.3.1 page 11.*

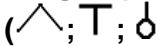
Example: the gymnast declares  Hoop (series of 3 rotations around the hand) and performs only 2 rotations. This Fundamental apparatus element does not count towards 50% because not performed according to the definition (minimum 3 rotations on the hand)

- *In case of a small execution mistake on the Fundamental Apparatus element, the Fundamental apparatus elements counts towards the 50% and the E penalty taken. For a serious execution mistakes, as with Body Difficulty, the apparatus element will not be valid towards the 50%.*
- **See Official Form-Examples**

1.8 For each Difficulty performed but not declared on the official (except those with rotation with value 0.10 used in DER and/or Mastery).

GROUP

1.1.1.4. The group exercise must be represented by all the body movement groups

(), minimum 1 Difficulty from each group: all 5 gymnasts must perform the minimum: by the 5 gymnasts together or by subgroups or in very rapid succession.

1.6 Absence of an apparatus Fundamental Group (50% not required) or a body movement group

It is not necessary for all 5 gymnasts to perform the apparatus group in order to be considered present

Individual Exercise

Date

JUDGE

Difficulty (D)

Judge No°



Country No gymnast EXAMPLE: EVALUATION

Difficulty	JUDGE	Difficulty	JUDGE	Difficulty	JUDGE
Value 0.6 	Throw was within visual field -0.10	Value 0.3+0.20=0.50 		Value	
Value 0.3 	Never attempted roll -only did bounce	Value 0.4+0.3=0.7 	Roll over 1 segment -0.40	Value	First pivot not valid because technical element (roll) not performed according to definition (the roll also not valid as fundamental since not according to definition of min. 2 segments)
Value 0.6+0.4=1.0 	hop -0.40	Value 0.6 		Value	
Value 0.2 	execution mistake -0.20	Value 0.5 	Did not change level, only 2 rotations: -0.20	Value	
Value 0.3 	1 small bounce	Value		Value	
Value 0.4 	Static ball -0.40	Value		Value	
Value 0.3+ 0.70 		Value		Value	
Value 0.2 		Value		Value	
Value 0.9 	Only 360 -0.60	Value		Value	
Value 0.5 	2 hands (difficulty can be valid if shape correct because she performs "catch" but not valid for Fundamental "catch with 1 hand")	Value		Value	
Value 0.5+0.5+0.1=1.1 		Value		Value	

Use music with voice and words

TOTAL ~~8.9~~ (incorrect total) 8.8

Incorrect calculation of:
 • Total value of all the Difficulties
 • Value of each Difficulty component:
 D, , S → , M

- o More than 9 Difficulties declared
- o Less than 2/ more than 4 Difficulties of each Body Group
- o Min. 1 S → Max. 3

Penalty -2.8
 6.0
 -0.50 Fundamental
 -0.30 Incorrect calculation total value

On form performed

For absence of Fundamental groups predominance (less than 50%) Fund: 12: OK -4=8 NO
 Other: 11
 Total: 23

-0.50

FINAL SCORE JUDGE

5.2

Individual Exercise

Date

JUDGE

Difficulty (D)

Judge No°

Country

No gymnast EXAMPLE: Counting Fundamental



Difficulty	JUDGE	Difficulty	JUDGE	Difficulty	JUDGE
Value 0.6 		Value 0.3+0.20=0.50 		Value	
Value 0.3 		Value 0.4+0.3=0.7 		Value	
Value 0.6+0.4=1.0 		Value		Value	
Value 0.2 + 0.40 		Value 0.3 + 0.70 		Value	
Value 0.3 		Value 0.70 		Value	
Value 0.3 		Value 0.70 		Value	
Value 0.2 		Value		Value	
Value 0.9 		Value		Value	
Value 0.5 		Value		Value	
Value 0.5+0.5+0.1=1.1 		Value		Value	
Use music with voice and words				TOTAL 9.1	
Incorrect calculation of: <ul style="list-style-type: none"> Total value of all the Difficulties Value of each Difficulty component: 		<ul style="list-style-type: none"> More than 9 Difficulties declared Less than 2/ more than 4 Difficulties of each Body Group Min. 1 S Max. 3 		Penalty	
<ul style="list-style-type: none"> For absence of Fundamental groups predominance (less than 50%) Fund: 13: OK Other: 8 Total: 21				FINAL SCORE JUDGE	

Coach Signature.....

Judge Signature.....